UNLEASHED AT STADIUM BOWL 2024 MEDICAL & RACE MARSHAL PROTOCOL FOR EMERGENCIES

ON THE STAIRS PROTOCOL

- 1. Race marshal or volunteer (on field-anywhere) notices a participant who needs medical attention.
- 2. Immediately call for medic and state bowl position/location also waive red flag. If RM does not have flag—nearest RM waves flag and heads toward casualty.

"MEDIC NEEDED AT POSITION 10. RACER APPEARS ASHEN, NEEDS ATTENTION."

"MEDIC NEEDED AT POSITION 4. RACER TOOK A KNEE, DOES NOT APPEAR CAPABLE OF FINISHING"

- 3. Army medic who is closest to incident immediately responds
- 4. PCMRC sends another provider to assist
- 5. Diagnosis/treatment is provided
- 6. All volunteers monitor situation via 2-way radios—but also pay attention to your duty
- 7. Medical personal return to positions
- 8. No change in race.

ON THE FIELD PROTOCAL:

- 1. Volunteer notices medical situation needed.
- 2. Uses two radio to alert for medical attention- or call **Olga Kimbrel 253-677-0090** or **Jessica Hodgeson 253-380-4476** to alert PCMRC of situation.
 - a. States:
 - "medical attention needed near goal posts, near massage, near food garden, (etc.). Racer fell and is unconscious."
- 3. PCMRC takes charge and sends nurse to triage/treat casualty.
- 4. Treatment is provided. If evacuation is needed, call 911.
- 5. PCMRC also notifies Shawnda, Brian, mc, via 2-way of incident.
- 6. Shawndra/Brian head toward casualty
- 7. PCMRC returns to medic tent

IN EVENT SOMETHING CATOSTRAPHIC HAPPENS:

- 1. Race marshal or volunteer (on field-anywhere) notices a participant who needs medical attention.
- 2. Immediately call for medic and state bowl position/location also waive red flag. If RM does not have flag—nearest RM waves flag and heads toward casualty.

"MEDIC NEEDED AT POSITION 10. RACER FELL AND CRACKED SKULL. BLEEDING BADLY."

- 3. Nearest Army Guard Medic & PCMRC respond immediately to casualty. If upon immediate triage/diagnosis—evacuation is obvious—call 911.
- 4. MC and DJ are notified. Music stops. MC echoes 'medic needed at race marshal position 10"
- 5. Shawndra, Brian, Chip Timer (Bell Lap) meet at medic tent to determine course of action—we discuss COAS enroute to casualty. MC stays monitors situation via 2 way radio, if incident is near him—he comes to casualty as well.
 - Coa1: evacuation is needed, but single casualty—and racers are capable of moving past casualty without duress or being in way—race continues.
 - If Brian is not racing—Brian takes over MC and says the following: "all racers: there has been an injury. We have determined to continue the race, please be careful as you pass."
 - Coa2: evacuation is needed—injury severe—race continues for those beyond injury—those behind injury are told to stop. All race marshals turn and tell all participants to sit down. Water is brought to racers.
 - "all racers: we have a medical emergency. If the casualty is in front of you, please sit down. We will continue race once casualty is evacuated."
 - Coa3: evacuation is needed-multiple injury-severe—race stops completely.
 - o "all racers: please stop where you are. Take a seat. The race is suspended. We have an emergency medical situation. We will complete race when casualty is evacuated."
- 6. Casualty(ies) are evacuated—race continues—Bell Lap will adjust times after race—updates to the webpage.