

**UNLEASHED AT STADIUM BOWL 2026
MEDICAL & RACE MARSHAL PROTOCOL FOR EMERGENCIES**

ON THE STAIRS PROTOCOL

1. Race marshal or volunteer (on field anywhere) notices a participant who needs medical attention.
2. Immediately call for medic and state bowl position/location also waive red flag. If RM does not have flag—nearest RM waves flag and heads toward casualty.

“MEDIC NEEDED AT POSITION 10. RACER APPEARS ASHEN, NEEDS ATTENTION.”

“MEDIC NEEDED AT POSITION 4. RACER TOOK A KNEE, DOES NOT APPEAR CAPABLE OF FINISHING”

3. Army medic/PCMRC provider (ON STAIRS) who is closest to incident immediately responds.
4. PCMRC sends another provider to assist.
5. Diagnosis/treatment is provided.
6. All volunteers monitor situation via 2-way radios but also pay attention to your duty.
7. Medical personal return to positions.
8. No change in race.

ON THE FIELD PROTOCOL:

1. Volunteer notices medical situation needed. Uses 2-way radio to alert for medical attention or call **Olga Kimbrel 253-677-0090** or **Diane Evans 253-405-8129** to alert PCMRC of situation. States: **“medical attention needed near goal posts, near massage, near food garden, (etc.). Racer fell and is unconscious.”**
2. PCMRC takes charge and sends nurse to triage/treat casualty.
3. Treatment is provided. If evacuation is needed, call 911.
4. PCMRC also notifies Shawnda, Brian, mc, via 2-way of incident.
5. Shawndra/Brian head toward casualty.
6. PCMRC returns to medic tent.
7. No change in race.

IN EVENT SOMETHING CATOSTRAPHIC HAPPENS:

1. Race marshal or volunteer (on field-anywhere) notices a participant who needs medical attention.
2. Immediately call for medic and state bowl position/location also waive red flag. If RM does not have flag, then the nearest RM waves flag and heads toward casualty.

“MEDIC NEEDED AT POSITION 10. RACER FELL AND CRACKED SKULL. BLEEDING BADLY.”

3. Nearest Medic and PCMRC respond immediately to casualty. If upon immediate triage/diagnosis evacuation is obvious, then call 911.
4. MC and DJ are notified. Music stops. MC says, “medic needed at race marshal position 10”.
5. Shawndra, Brian, Chip Timer (Bell Lap) meet at medic tent to determine course of action. We discuss COAS enroute to casualty. MC stays, monitors situation via 2-way radio, if incident is near him, then he comes to casualty as well.
 - Coa1: evacuation is needed, but single casualty and racers can move past casualty without duress or being in way, then race continues.
 - SHAWNDRRA takes over MC and says the following: **“all racers: there has been an injury. We have determined to continue the race, please be careful as you pass. “**
 - Coa2: evacuation is needed due to severe injury. Race continues for those beyond injury—those behind injury are told to stop.
 - All race marshals turn and tell all participants to sit down. Water is brought to racers.
 - SHAWNDRRA takes over MC and says the following: **“all racers: we have a medical emergency. If the casualty is in front of you, please sit down. We will continue race once casualty is evacuated.”**
 - Coa3: evacuation is needed-multiple injury-severe—race stops completely.
 - SHAWNDRRA takes over MC and says the following: **“all racers: please stop where you are. Take a seat. The race is suspended. We have an emergency medical situation. We will complete race when casualty is evacuated.”**
6. Casualty(ies) are evacuated—race continues—Bell Lap will adjust times after race—updates to the webpage.